

COMPETITIONS

1. Cage 1- Competitive 2K
	1. Short Overhand
	2. Rounds of 8
2. Bunt comp on field- Machine
3. Long tee- Distance
4. Cage 2- Target Comp- Back Wall
	1. Negative for GB/Flare
5. Cage 3- Adjustability barrel stay comp
	1. Change speeds, must swing at strikes